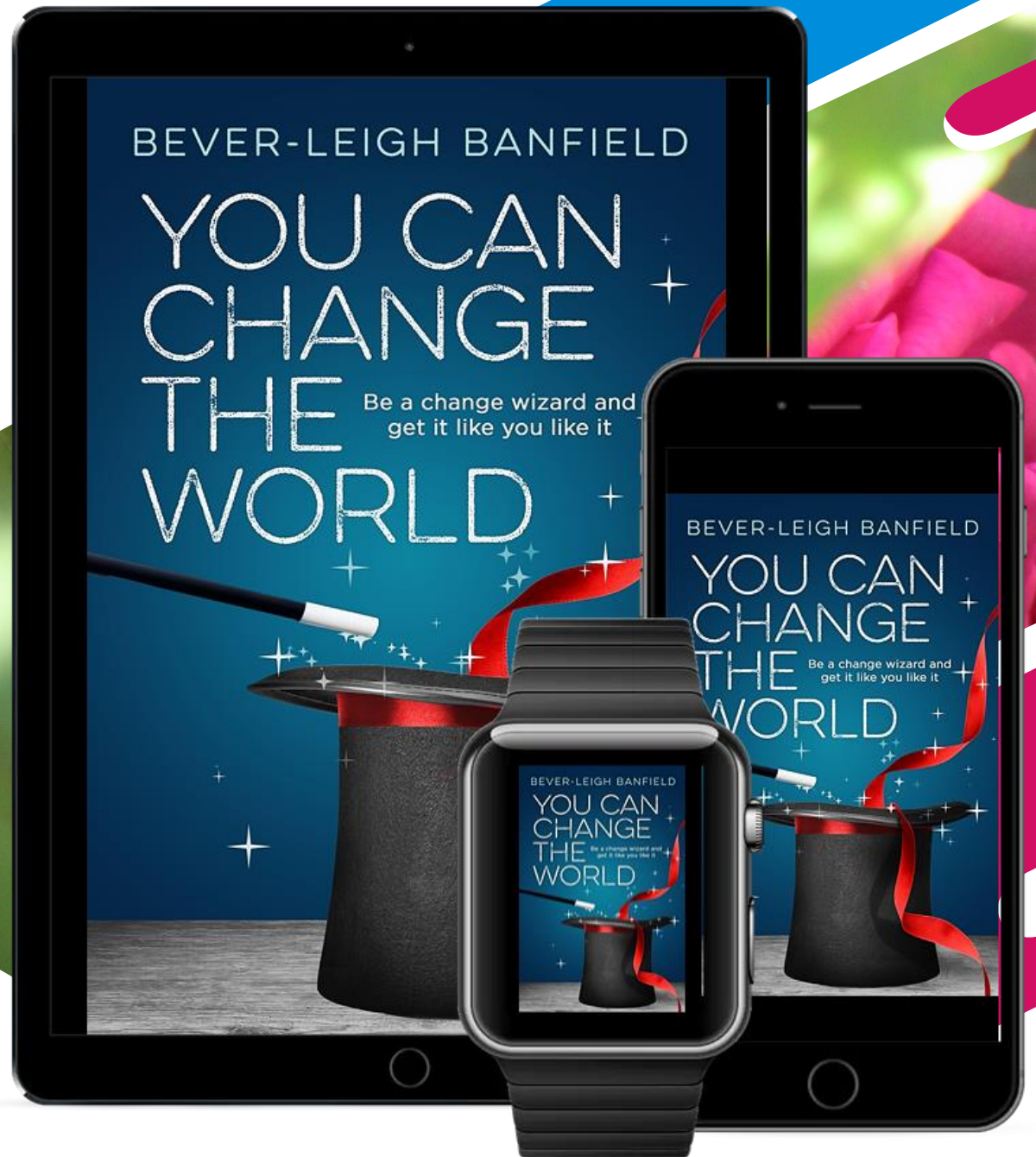


YOU CAN CHANGE THE WORLD

Be A Change Wizard and
Get It Like You Like It

*Bever-leigh
Banfield*

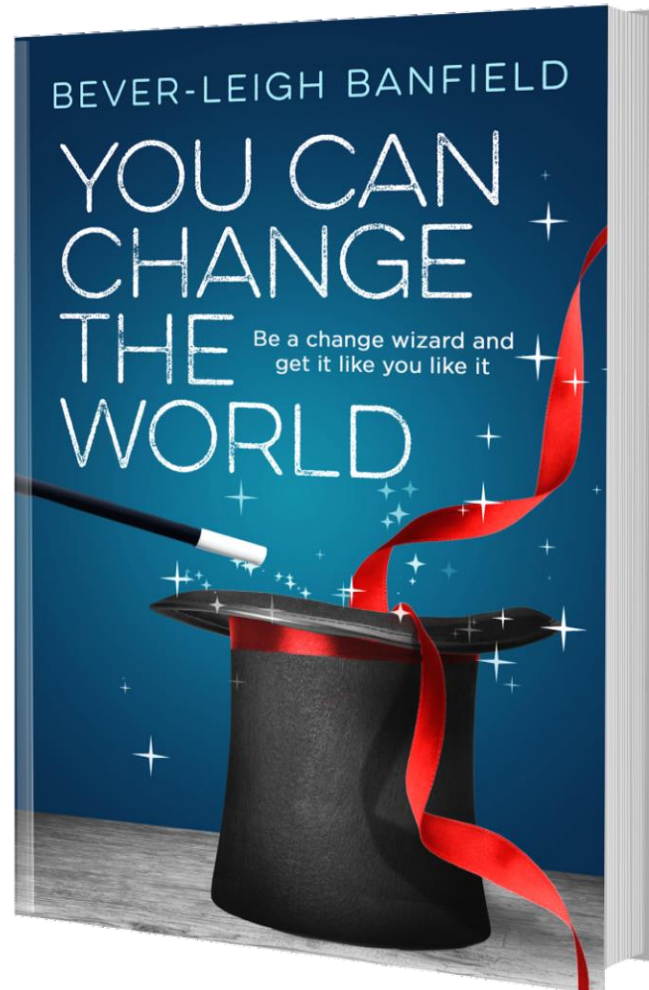
Book Club Guide



Pump Up Your Superpower to Change

*Read the book.
Grow together.
Be the Change.*

This handy You Can Change The World discussion guide is here to inspire your Book Club to change for the better and have your best book-of-the-month meeting ever!



Welcome Book Clubbers!

Ready to Rock Your Book Club World?

Here's how you can:

- Have more fun than ever
- Transform yourselves individually and as a team
- Bring your club members closer together
- Support your local community
- Make a positive impact
- Win great prizes for book lovers!



About the Book

You can make change
From the inside out!

- Bever-leigh Banfield

Available in Paperback, eBook and Audiobook

The world is changing lightning fast, and we want it to be for the better. The environment. Health. Wealth. Politics. Inequity. Racial diversity. People dealing with sudden gain or loss. All change is a gift. An Asset. A catalyst. If we only let it be. You needn't leave change to chance or to others. You were born to change the world with your own unique talents and special gifts. Now is your time to maximize the force of your creativity. You can be a change wizard, transform your life, and uplift those around you. With this book, you'll explore who you're meant to be and the world-changing thing you're meant to do. Read into your power to be the change and get it like you like it.



What You'll Learn

Read or Listen on Any Device to See How to:

- Make change work for you
- Change negatives into positives
- Master the art of being the change
- Up your leadership skills
- Manifest dreams and goals
- Develop transforming relationships
- Increase health, wellness and peace of mind
- Expand social awareness and higher consciousness
- Experience greater success and lasting fulfillment



What's In This Guide



ACTIVITIES TO MAKE MEETING MORE FUN

You Can Change the World is more than just a book. It's help transforming yourself and those around you. Let the activities in this guide uplift you and light your paths to possibilities.

QUESTIONS THAT STIMULATE CHAT

A great book club is all about bonding over shared literary encounters. So keep the convo flowing with good questions that are sure to get even better answers.

VIDEOS, TAKEAWAYS AND OFFERS

Watch and share You Can Change The World Book Trailers and Promos, and feel free to share with friends, family and social networks. Plus, get Bever-leigh's offers and giveaways.



*Read More About Bever-leigh
and Check Out Bev's Bio.*

INVITE THE AUTHOR TO YOUR MEETING

Bev loves book clubs, and she is always open to visiting with club members discussing her books

To invite Bev to visit your meeting by Zoom or Skype, click to email bev@beverleighbanfield.com with your request and a number of possible meeting dates.

A Bit About Bev

VISIT
WEBSITE

Bever-leigh Banfield, M.F.A. is a writer, actress, voice over artist, host, and speaker with a masters degree from the Yale University School of Drama and a B.A. from Stanford University. She has penned numerous articles and celebrity interviews, the most notable of which, published in *Essence* magazine, won the American Diabetes Association National Media Award for journalism. Her new mystery-thriller short story book *Twelve Stories High* will be released in 2022.

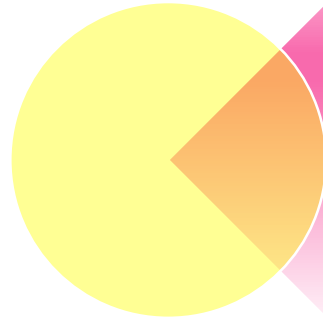
As an actress, Bever-leigh has performed in TV dramas and sitcoms, movies, Broadway theater, and national commercials. She is perhaps best known for her roles in *ROOTS: The Next Generations*, *Good Times*, *Cliffhangers*, *Open All Night* and the remake of *Burkes Law*. Her voice is heard in television and radio ads, cartoons, animated films, ABC network announcements, and planetarium space shows. Born in New York City, and gifted with psychic perception since childhood, Bev has also lived in Europe and the Caribbean, and she has traveled in Africa, South America, and around the U.S. Her *You Can Change The World* book is all about helping others love their lives, live their dreams, and change the world for the better!



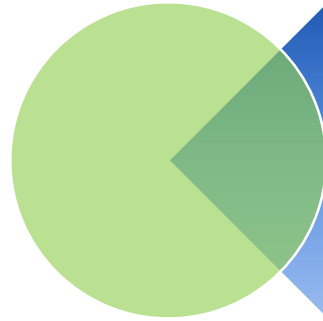
WATCH THE BOOK TRAILERS

Get a Sneak Peak at
the You Can Change
The World Promos to
see what's in store for
your Reading Group

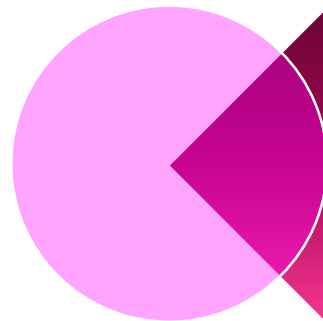
*Click YouTube links in
the boxes to the right*




You Can Change The
World Book Trailer



You Can Change The
World Book Teaser

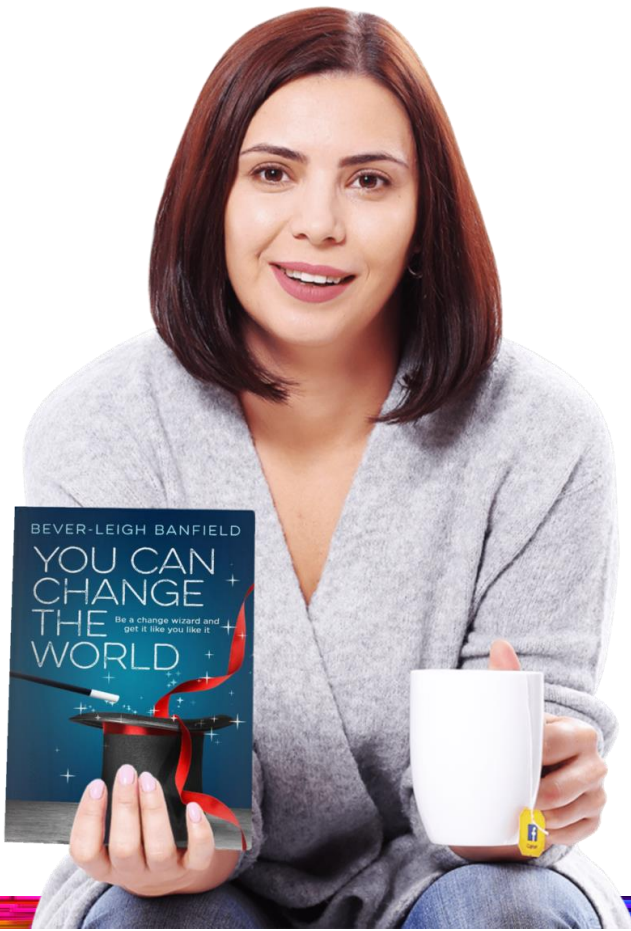


You Can Change The
World Book Promo



ACTIVITY IDEAS TO
SUPERCHARGE
YOUR BOOK CLUB

Activities



HAVE EVEN MORE FUN

- Chat about *You Can Change The World* dressed as your most-admired world changers in business, entertainment, politics, sports, science, fashion, technology, lifestyle, etc.—past or present
- Invite other local book clubs to attend your meeting, virtually or in person, in order to network, connect with new booklovers, and participate in a gently-used book exchange
- Soup up your *You Can Change The World* meeting with a cultural potluck breakfast, lunch, or dinner, sharing recipes from around the globe

Activities



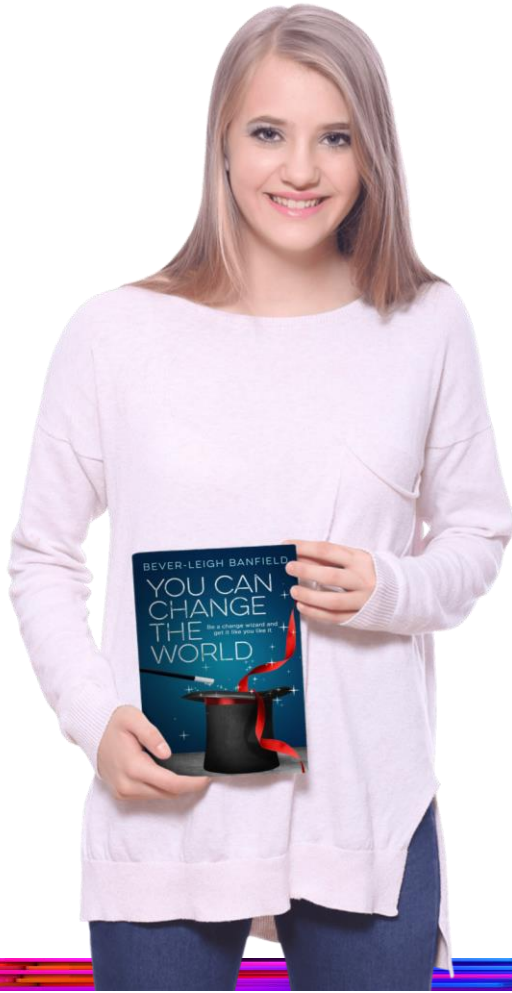
READ TO LEARN AND GROW

- Shape your reading list to discuss and address your members' quickly-evolving needs
- Get involved with solutions to today's social concerns by reading socially-conscious books and implementing what you learn
- Read & Discuss articles in your local newspapers and handouts to discover what your book club can do to engage with its local community
- Include a kidlit-search month of age-appropriate books your members can read to underserved youngsters at local libraries and centers

Activities

EXPAND YOUR HORIZONS

- Hold your meeting outdoors—in a park, at a local landmark, or at the beach
- Prepare day trips or group holiday vacations where your members travel to locations that are the settings of your club's favorite books
- Start an online Book Club Book Blog or Instagram page featuring your members' book reviews, recommendations, and author interviews
- Encourage librarians, hometown authors, indie bookstore owners, and educators to take part in your club's activities



Activities



SHARE THE BOOKLOVE

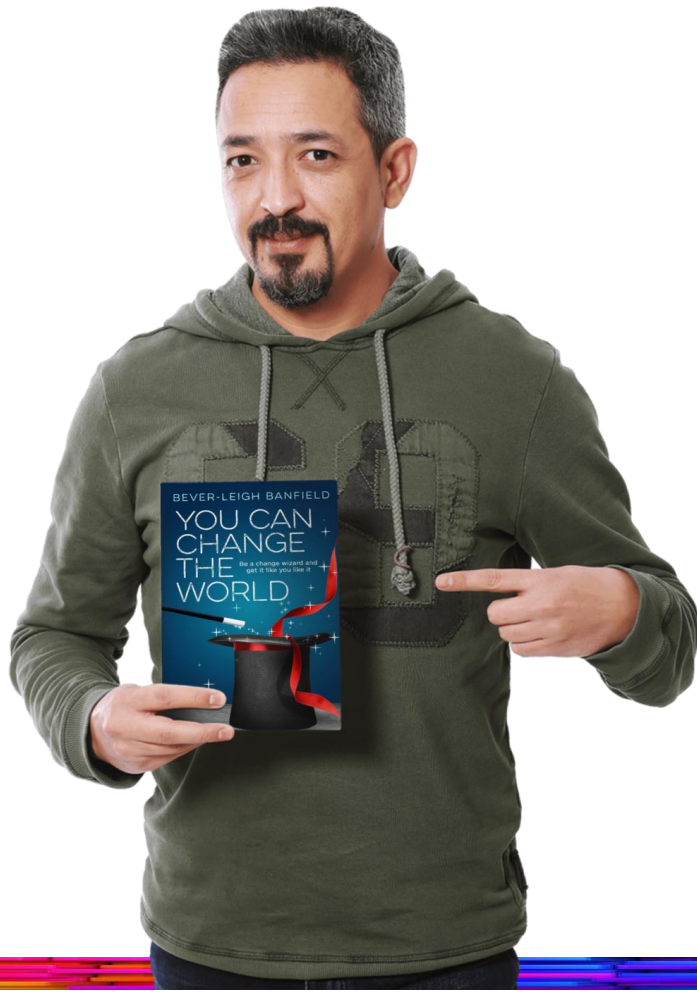
- Set up a Book Drive for a Mobile Library
- Mount a crowdsource campaign for books for underfunded schools in your city, town, or state
- Involve college students in a campus Scavenger Hunt to drum up donated textbooks
- Source contributions of large print books and audiobooks to deliver to senior homes
- Organize a Mystery, Romance or Sci-Fi Book Festival to showcase diverse books
- Encourage YA & Middle Grade book publishers to donate books for teens in need

Activities



MAKE BOOKS A PURPOSE

- Form a Pop-Up or Mobile Library
- Curate book & furniture donations from members or neighbors, authors, bookstores and publishers
- Find a donated vehicle and get tradespeople to outfit it with bookshelves, or set up at a street or park location after securing a permit if required
- Schedule volunteers to oversee book giveaways or manage book lending
- Station a tiny free library outside your home or biz
- Sign up to record for Braille Institute or Storytimes



Activities



YOU CAN DO ANYTHING

- Start and host a book club for underserved kids
- Read about gardening and plant a community garden to grow food for the hungry in your area
- Read up on start-ups & start a business together
- Find a way to fund a cause you've read about
- Start a social networking fan page for an author
- Set up a blog tour for your favorite author
- Film and edit videos of your club to post on YouTube to inspire other clubs to new heights
- Journal your club's journey to turn into a book
- Throw a book party for an author's book release

Activities



WRITE YOUR NEXT CHAPTER

- Commit to Implementing Change Together
- Dream Big and Make It a Joyful Adventure
- Explore What You Can Do to Manifest Your Vision
- Read Up On What You Decide to Do
- Set Short and Long-term Goals and Devise a Plan
- Do Doable Tasks In Line with Individual Passions
- Create an Agreeable Schedule and Stick to It
- Communicate and Share Your Personal Growth
- Feel Empowered and Persist Until You Succeed
- Once You Reach Your Goal, Tackle a New One!



**QUESTIONS
TO STIMULATE
YOUR
DISCUSSION**

Discussion Questions

1. What about your life would you like most to change?
2. How would the above change improve your life?
3. What would you like most to change in the world ? Why, and how would that matter?
4. What in your current job/career would you like most to change?
5. What in your family would you like most to change?
6. What in your neighborhood would you like most to change?
7. What in your social circle would you like most to change—online and among your friends?
8. What in your marriage or romantic relationship would you like most to change? Why?
9. If you could change one of the above overnight, what would it be? Why?

Discussion Questions

10. If that one thing above were to change overnight, what else might change as a result?
11. What could you change about any of the above by yourself, without any help?
12. How have you changed in the last year? In the last 5 years? In the last 10?
13. Have you changed for the better, or for the worse?
14. In what ways have you changed for the better? How do you think you accomplished it?
15. How do you plan to change this year?
16. What steps are you taking to make that change?
17. What would you change about your book club?
18. How does membership in your book club help you? How do meetings make you feel?

Discussion Questions

19. How do you think your being in the book club may make other members feel?
20. What 3 things about yourself would you like most to change?
21. What do you think has kept you from changing those 3 things in the past?
22. What would you change about your past if you could?
23. How would that help you go forward?
24. Do you feel anything has to change in order to feel happier and healthier?
25. What relationships do you have that should feel need to change?
26. What do you think is the single most effective way you make changes?
27. What could you possibly change by simply changing how you thought about it?

Discussion Questions

28. What did you like best about *You Can Change The World*?
29. What did you like least about the book?
30. What did you learn from reading *You Can Change The World*?
31. Have you begun to put those lessons into practice?
32. What have you already changed due to reading *You Can Change The World*?
33. Do you truly believe you can bring about change in yourself and in the world?
34. Do you visualize your future? What do you see when you visualize?
35. What do you visualize about your friends and loved ones?
36. What is your take on the future of world affairs? The planet? International relations?

Discussion Questions

37. Do you feel any responsibility for what changes occur in the outside world?
38. What can you change from the inside out, by changing yourself to address it?
39. Do you visualize positive things out of faith or conjure up negatives out of fear?
40. Did you have any revelations as a result of reading *You Can Change The World*?
41. What epiphanies did you have?
42. What are you changing because of your aha moments after reading?
43. What do you think is the premise of *You Can Change The World*?
44. Did the author make it clear? Were the concepts understandable?
45. Who do you believe you are meant to be?

Discussion Questions

46. Is there a gulf between who you are and who you believe you are meant to be?
47. What do you believe you are meant to do?
48. Is what you are currently doing consistent or inconsistent? Why is that?
49. How do you plan to bridge the gaps, if any? Do you have a plan?
50. What is your dream? What goals have you set?
51. What tasks are you doing to meet your goals and make any vital changes?
52. Did *You Can Change The World* change how you process a change?
53. Was the book the right length, or too short or long?
54. Would you read another book by the author? What if that book is a mystery?

Change is exponential, so one small change can make a world of difference!

- Bever-leigh Banfield



EXCLUSIVE EXTRAS

Look What You Could Win

AS A THANK YOU

Schedule *You Can Change The World* for your book-of-the-month, and in addition to offering to join your meeting, Bev will enter your club for a chance to win one of her designer items:

A *You Can Change the World* Wall Clock

A Designer *You Can Change the World* Throw Pillow

A Set of 4 *You Can Change the World* Coasters

A Hardcover *You Can Change The World* Journal

A *You Can Change The World* Mug – or –

10 Free Downloads of the *You Can Change The World* eBook, Audiobook, and hot new Theme Song before it hits iTunes!



Let's Change The World Together

*Join The Movement For
Change From the Inside Out*

- Let's create a life-changing Book-of-the-Month event and make it your best Book Club Meeting yet
- Read and Listen to *You Can Change The World* and Share Your Thoughts with Loved Ones and Co-workers
- Connect with other Change Wizards to Make Big Change
- Email or Connect with me on Social Networking
- I look forward to meeting you by phone, Zoom or Skype!

KEEP IN TOUCH!

Follow Bev on Social



Email Bev at

bev@beverleighbanfield.com

I'd love to partner with you for individual transformation, collective growth, and uplifting the global community!

